

# ANROSA

## NAGELSALON & OPLEIDINGEN

### HOW TO CARE FOR YOUR (ARTIFICIAL)NAILS

- ❖ THE USE OF CUTICLE OIL IS A **NECESSITY!** THE OIL NOURISHES THE NAIL AND THE PRODUCT ON THE NAIL AND PREVENTS BACTERIA AND MOLD FROM GROWING. WATER, CHANGES IN TEMPERATURE, CLEANING PRODUCTS ETC. CAUSE THE NAIL AND THE SKIN TO DEHYDRATE. DEHYDRATION CAUSES THE PRODUCT ON YOUR NAILS TO LIFT. THAT IS WHY IT IS IMPORTANT TO USE THE CUTICLE OIL (YOU RECEIVED FROM ME AT YOUR FIRST APPOINTMENT) 4 TIMES A DAY. MASSAGE THE OIL ON YOUR CUTICLES AND NAILS ALSO PLACE THE OIL UNDERNEATH YOUR NAILS SO YOU CAN NOURISH THE HYPONYCHIIUM AND YOUR NAIL BED. BY DOING ALL THE ABOVE YOU MAINTAIN A GOOD CONDITION OF YOUR NAILS AND THE PRODUCT ON YOUR NAILS. THE USE OF OIL ALSO PREVENTS GERMS SO THAT BACTERIA AND MOLD HAVE LESS OF A CHANCE TO APPEAR.  
**FAILURE TO COMPLY WITH THIS RULE WILL INVALIDATE YOUR WARRANTY. THIS IS NOT OPEN FOR DISCUSSION. I CAN TELL BY THE CONDITION OF YOUR SKIN AND NAILS IF THE OIL IS USED FREQUENTLY.**
- ❖ TREAT YOUR (ARTIFICIAL) NAILS AS IF THEY ARE JEWELS AND DO NOT USE THEM AS TOOLS.
- ❖ WHEN YOU WASH YOUR HANDS REMEMBER TO ALSO CLEAN UNDER YOUR NAILS. DIRT, MAKE-UP AND BITS OF FOOD CAN STICK UNDER THERE. YOU CAN CLEAN THIS VERY EASY BY USING A NAIL BRUSH WITH A LITTLE TOOTHPASTE.
- ❖ MAKE SURE YOU COME IN REGULARLY FOR YOUR REFILL. A MAXIMUM OF 4 WEEKS REFILL IS IDEAL. THIS WAY YOU PREVENT YOUR NAILS FROM BREAKING, LIFTING OR SPLITTING. THE STRESS AREA THAT WAS CREATED BY YOUR NAIL ARTIST WILL GROW OUT WHICH WILL CAUSE YOUR NAILS TO BREAK EASILY. DURING YOUR REFILL THE STRESS AREA WILL BE RESTORED.
- ❖ IF YOU WANT TO POLISH YOUR (ARTIFICIAL) NAILS DO NOT USE A NAIL HARDENER AS A BASE COAT. BY DOING SO YOUR NAILS CAN SPLIT AND BREAK.
- ❖ WHEN YOU WANT TO REMOVE YOUR NAIL POLISH FROM YOUR ARTIFICIAL NAILS, ALWAYS USE A POLISH REMOVER WITHOUT ACETONE. BY USING ACETONE YOUR NAILS WILL BE TAINTED AND THEY CAN COME OFF.
- ❖ ARTIFICIAL NAILS CAN'T STAND CLEANING PRODUCTS LIKE BLUE WONDER, CILIT BANG AND ACETONE, GASOLINE, TERPENTINE ETC. IF YOU MUST WORK WITH THESE PRODUCTS, PLEASE USE RUBBER GLOVES. WE ALSO RECOMMEND USING GLOVES WHILE WORKING WITH BLEACH, CHLORIDE, AMMONIA AND SPIRITUS.
- ❖ PLEASE WEAR RUBBER GLOVES WHEN YOU ARE WORKING IN THE GARDEN. SOIL COMBINED WITH LIFTING CAN CAUSE A PSEUDONOMAS BACTERIA.
- ❖ NEVER USE SCISSORS TO CUT YOUR (ARTIFICIAL) NAILS. BY CUTTING THEM YOUR NAILS CAN SPLIT OR BREAK. LET ME SHORTEN YOUR NAILS PROPERLY. IF YOU INSIST ON DOING THIS YOURSELF THEN PLEASE USE THE NAIL FILE YOU CAN PURCHASE IN MY SALON. THIS FILE CAN BE WASHED AND RE-USED SEVERAL TIMES.
- ❖ ARE YOUR NAILS BOTHERING YOU AND IN YOUR WAY DURING YOUR DAILY ROUTINE? THEN THEY ARE TOO LONG FOR YOU. LET ME SHORTEN YOUR NAILS PROPERLY OR DO THIS YOURSELF BY USING THE NAIL FILE YOU PURCHASED FROM ME.
- ❖ LET ME REMOVE YOUR ARTIFICIAL NAILS IF YOU NO LONGER WISH TO WEAR THEM. PLEASE DO NOT REMOVE YOUR NAILS OR PRODUCT WITH FORCE BY PULLING OR CUTTING. BY DOING SO YOU WILL SERIOUSLY DAMAGE YOUR NATURAL NAILS

NOTE: POOR HEALTH AND CONDITION, STRESS, ILLNESS, PREGNANCY AND UNSTEADY HORMONES CAN CAUSE YOUR NAILS TO LIFT AND COME OFF.

PLEASE REMEMBER THIS WHEN YOU VISIT A NAIL SALON.

**FAILURE TO COMPLY WITH THESE RULES WILL INVALIDATE YOUR WARRANTY.**